



Center for Infant & Child Loss

# Insights

University of Maryland Baltimore

Department of Pediatrics

VOLUME 12 / NO. 2

FALL / WINTER 2005

- Maryland SIDS Information and Counseling Program
- Infant and Child Loss Program
- Education and Training Program
- Consultation Services



## New Guidelines for Safe Sleep

The American Academy of Pediatrics (AAP) recently made headlines by issuing a position statement on infant sleep position and conditions for safe sleep (<http://www.aap.org/ncepr/revisedsids.pdf>). The points of the AAP statement are that babies should be placed in their own cribs, babies should be placed on their backs to sleep, and the use of pacifiers seems to reduce the risk of SIDS. As many of us are aware there is much disagreement as to whether parents can adequately bond with their infants if co-sleeping is not used. Many advocates also feel that crib sleeping and the use of a pacifier do not support breastfeeding. However, the AAP feels that any action that will potentially reduce the risk of SIDS is worthy. Given that there is no known cause(s) of SIDS, recommendations are made based on the most current research. Since the Center's work to reduce the risk is with large populations rather than individuals, we are pleased that the AAP statement supports the messages we have endeavored to disseminate. Dr. Kattwinkel of the AAP was quoted in the New York Times as saying, "There is some justification to mothers who want to accept some of the risk factors and not others. You can follow all the risk factors and your baby may still die of SIDS. But, as a national organization we need to warn the public about [such risks]." 

... and they're off... or not.

## Rain or Shine... Our Supporters Come Through!

**THANK YOU!** Our story for this year is not about the downpour, or about the record number of dollars raised, but about all of the wonderful sponsors, golfers, volunteers and friends that showed up in support of the **15th Annual Verizon Wireless-SIDS Golf Invitational**. This year's event was the most successful yet raising a record **\$152,000!** Despite the inclement weather, many of you traveled

from near and far, (California, Minnesota, Texas, New York and Tennessee), to support this annual fund raiser for the Center. We truly are fortunate to have so many people committed to the purpose of the golf outing and to support the mission of the Center for Infant & Child Loss. Monies raised from the Verizon Wireless-SIDS Golf Invitational provide more than one third of the funds needed for grief counseling services, community education, training, outreach and research.

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## Director's Desk

### Dear Friends:

It has been a busy time for the Center since the last newsletter. This edition has all the usual features, plus the golf tournament and bull roast updates. I did want to thank each of you for your continued support and assistance. Your efforts are why the Center really makes a difference to so many.

I also want to wish everyone Happy Holidays. May your days be filled with promise and joy.

Peace . . . Donna

## Counselors Corner: Reflections on a Rainy Day

**O**ur yearly golf outing brought forth a multitude of brave souls who had many things in common. They didn't let a little rain stop them. They were determined to enjoy themselves despite the conditions and they did. And they understood that they were there to support a cause that has become near and dear to their hearts.

I talked to a parent there that day; I've known him for years. He's been coming to the golf tournament for a long time; it has been his way of honoring his deceased child. It's a day for him to remember, reflect and have some fun as well. It's been more than a few years since his child died. I asked him how he felt this year compared to the last

few. He told me that life moves you forward, whether you are ready to go or not and that he gradually moved along too. He still thinks about his child every day, but things are different. Gone are the days of intense, bone crushing pain but there is always a little nagging hurt that he carries with him wherever he goes. The difference is, he said, is that he has accepted these feelings; accepted that they will be with him for the rest of his life. He's realized that he can still function, he can laugh and enjoy his life and that doesn't mean that he didn't love his child. Love is forever.

I thought about all of the golfers out there on that rainy Friday in October

and marveled at how many of them remained with us throughout that day. They stayed for the golf, to be sure. They stayed for the friendship and food as well. But I think they stayed because each one of them recognizes that this tournament represents so much more than a good time the first Friday of every October. They stayed because they know that the Center helps people, like the parent who played alongside them that day. And they stayed because they know that, if the worst were to happen and they suffered the tragic loss of their child, that we would be there for him as well. And for that, we are truly grateful.

Have a peaceful holiday season.

- Mary



### Remembering Our Children Annual Memorial Services

A memorial table will be available to display pictures

**Prince Georges County, Sunday, Dec. 4, 2005 - 2:00 p.m.**

St. Joseph's Church

11007 Montgomery Road, Beltsville, Maryland

**Directions:** Take I-95 South towards Washington. Take MD-212 E exit number 29A towards Beltsville. Merge onto Powder Mill Road / MD-212. Turn right onto Cedar Lane. Turn left onto Montgomery Road.

**Baltimore Area, Monday, Dec. 7, 2005 - 7:00 p.m.**

Brown Memorial Church

6200 N. Charles Street, Towson, Maryland

**Directions:** Baltimore beltway (I-695) to Exit #25 Charles Street; South on Charles St. approximately 2 miles to church on right directly across from 7-11.

**Eastern Shore, Tuesday, Dec. 13, 2005 - 7:00 p.m.**

St. John United Methodist Church, Fruitland, MD

For more information call

Mary Rose Custer at 410-543-7039

Refreshments will be served. Please bring a 'finger food.'

Call the office at: 410-706-3091 to RSVP



### Safe Arrivals

Congratulations to . . .



**Carys Brynne Kolb**, born September 14, 2005, 4 lbs. 14 1/4 oz., to Ken & Laura Kolb.

**Cooper Jones Pilarski**, born September 7, 2005, 7 lbs. 1 oz., to David Pilarski & Debra Forish-Pilarski.

**Liam Patrick Russell**, born August 27, 2005, 6 lbs. 5 ozs., Bill & Michelle Russell.

**Jamisan Leigh Winner**, born on September 27, 2005, 7 lbs. 6 ozs, to Michelle & Paul Winner.

### In Memory of...

Shawnette Allen  
In loving memory of  
Markus Neal Allen

Bechtel Foundation  
In loving memory of  
Markus Neal Allen

Oneita Dohrman  
In loving memory of  
Zachary Lutz Dohrman

Millie Lutz  
In loving memory of  
Zachary Lutz Dohrman

Janey B. Oro  
Camille Outlaw Scott  
C.R. Mose

In loving memory of  
Kayla Anthony

### In Honor of...

Janey B. Oro  
Camille Outlaw Scott  
C.R. Mose  
In honor of  
Haven & Christian Logan

Gail Pearson  
In honor of  
Dr. Sherri Goldman

Stephen & Dawn Roth  
In loving memory of  
Michael Waite Waller

James & Kim Taylor  
In loving memory of  
James J.C. Taylor, III

Verizon  
In honor of Scott Fava,  
Rhea Lucas, Kitty O'Hara

## Center for Infant & Child Loss Memory Quilt

Many of you have seen the beautiful quilts displayed at the annual memorial services and events each year. These quilts have individual squares created by families of loved ones to remember their child. If you would like to add a quilt square please follow these guidelines:

- Size 8x8
- Material - cotton or cotton/poly blend
- Design - individual taste and creativity

Mail to the Center for Infant & Child Loss at the address on this newsletter.

## Gutberlet Scholarship used for . . .

The Center was delighted that **Patrice Ross-Johns, RN**, was able to make use of the Ronald L. Gutberlet Conference Scholarship Fund to attend the First Candle/SIDS Alliance International Conference held on September 17-18, 2005 in Arlington VA.

Ms. Ross-Johns, a Baltimore City Health Choice Public Health Nurse, is a most consistent and effective bereavement home visitor. At the conference, Ms. Ross-Johns met many parents that experienced perinatal and infant losses. She attended a session on "Answering Parents Medical Questions Concerning SIDS," where parents' input broadened her understanding of the many issues and questions families face. For example, one mother asked, "Did my baby feel any pain before death?" The doctor who responded did not have valid medical data that would allow him to say yes or no, but did share his expert opinion of what might have happened. Ms. Ross-Johns was able to speak with this mother after the session and share some of her professional experiences.

Although Ms. Ross-Johns is accustomed to speaking with grieving parents, this experience made her realize that more professionals providing bereavement support should have the opportunity to hear parent's stories as they are learning to live with the loss of their child. The other lasting impression is a true understanding of the depth and breath of a parent's grief. She was touched by many and felt she was also able to ease some of their pain. Ms. Ross-Johns took much from this conference and hopes others will be able to attend in the future.

For more information on being a Scholarship Recipient please contact Donna Becker at [caring@infantandchildloss.org](mailto:caring@infantandchildloss.org).

## CJ Foundation for SIDS 2005 Conference Rescheduled

The CJ Foundation for SIDS National Conference, originally scheduled for this October, will now take place February 23-26, 2006 at the Wyndham Franklin Plaza Hotel in Philadelphia. The conference, which is a joint effort among the Foundation, its partners and other organizations, will address Sudden Infant Death Syndrome (SIDS), Sudden Unexplained Death in Childhood (SUDC) and Sudden Unexpected Death in Infancy (SUDI). Still in the planning phase, the goal is for this conference to meet the needs of health care professionals and researchers involved with SIDS, SUCD, and SUDI and also address the needs of bereaved families. For information please contact Jean Marie Bellotti, at 888-825-7437 ext. 4, [jeanmarie@cjsids.com](mailto:jeanmarie@cjsids.com) or visit the website, [www.cjsids.com](http://www.cjsids.com).

## Hold The Date: Workshop with Alan D. Wolfelt, Ph.D.

May 10, 2006, 9 - 4:30 p.m. / Waldorf MD / \$100.00

### Toward an Understanding of Complicated Mourning, Sudden Death Disenfranchised Grief and Multiple Loss

A professional seminar for caregivers who want to further develop their knowledge and skills in helping the bereaved. This workshop is designed for Nurses, Social Workers, Hospice Personnel, Volunteers, Counselors, Educators, Psychologists, Clergy, Funeral Directors, Emergency Service Workers, Police and others caring for the bereaved.

For more information call, Russ Horton, 301-580-1756

## Outreach and Training Efforts May 2005 – October 2005

### TRAINING

Day Care providers . . . . .	87
Professional staff . . . . .	126
3rd trimester pregnant . . . . .	243
Students . . . . .	39
Community members . . . . .	58

### OUTREACH

Risk reduction materials . . . . .	4,123 *
Back to Sleep materials . . . . .	19,200 **

\* . . . . . includes Spanish materials

\*\* . . . . . includes light switch covers provided to all birth hospitals

## Support Group Information

For an up-to-date listing of support groups, please visit our website: [www.infantandchildloss.org](http://www.infantandchildloss.org).

Click on *Counseling and Support*.

If you know of any new support groups in your area, please contact us at [caring@infantandchildloss.org](mailto:caring@infantandchildloss.org).

To receive the newsletter online, send us your email address [caring@infantandchildloss.org](mailto:caring@infantandchildloss.org).

# Bull Roast

## 6th Annual SIDS Bull & Oyster Roast a Success Again!

The 6th SIDS Annual Bull & Oyster Roast was held on Saturday, October 8th at the Level Fire Hall in Havre de Grace MD. This year's event raised over **\$7,000** in support of the Center's **Empty Arms Project**. This project was established to support newly bereaved parents upon leaving an emergency room. The packet contains a stuffed bear with a ribbon imprinted with the Center's toll-free number, and a card giving suggestions for coping in the next few hours and days following their child's death. Thanks to the support of this fund raiser, these bears have been provided to 28 Hospital Emergency Rooms across Maryland!

Special thanks to all of those who supported this year's event. Many volunteers and committee members worked hard to ensure

the success of the Bull & Oyster Roast. Guests came from all around and enjoyed a variety of food including beef, turkey, and ham grilled to perfection, fresh oysters and oyster stew. Musical entertainment by local artist **Pete Baker** was entertaining and enjoyed by all. Both the silent and live auctions offered a great blend of fantastic items that kept bidders on their toes. Hats off to **Richard Brooks** for serving again as this year's Master of Ceremonies and Auctioneer. Events such as this are only successful because of the commitment of its committee members and support of the community. The Center would like to acknowledge the following sponsors and this year's 2005 SIDS Bull & Oyster Roast Committee for their continued support. ♡



**Bull Roast Committee honoring sponsors, left to right:** Sharon Cockerham, Sandi Gallion, Donna Hawley, Bob Dinatale of W.L.Gore, Joan Loziank of McDonald's, Delegate Barry Glassman



### BULL & OYSTER ROAST SPONSORS:

**Gold** - W.L. Gore & Associates, Inc.

**Silver** - McDonald's of Aberdeen  
(Bob & Joan Lozinak Proprietors)

**Bronze** - Barry Glassman



### 2005 Committee Members:

Honorary Chairman - Barry Glassman

Chairpersons: - Sharon & Chip Cockerham

Richard & Kathy Brooks

P.J. & Nancy Cusic

Sandi & Nolan Gallion

Donna & Chris Hawley

Karen Lopes

Robert Lidke

Dee Miller

Margrete Stine

## Making A Difference



Bull Roast organizer, **Donna Hawley**, R.N., EMT, at Bayview Medical Center, was deployed to Jefferson Parish in New Orleans to help with Hurricane Katrina for 2 weeks in September. Donna had disaster training through the Maryland Department of Health & Mental Hygiene and was part of *Operation Lifeline*. After setting up sleeping quarters in an abandoned hospital, workers went out into the community to set up patient clinics in schools and buildings that were in good condition except for electricity. Donna and the many other volunteers saw everything from injuries and illness due to the effects of the storm, to those just needing medication refills. The patients were most appreciative of the help offered. Donna's experience had a profound effect on her and she was glad to be a part of the relief effort. ♡

# 2005 golf

## Rain or Shine...

Continued from page 1

**I**ndian Spring Country Club in Silver Spring, Maryland was the setting again for this year's tournament and evening reception. This year marked yet



another milestone as the event celebrated 15 years! The golf committee and staff were extremely pleased that the tournament was sold out by August 30th with over 279 registered golfers. Something everyone did not plan on was the rain which was the first time ever in 15 years. Considering the extreme weather conditions the country has faced this year, we were surprised and a bit disappointed that it had not rained in over 6 weeks. However, there was a downpour just about the time all of our golfers reached their carts for the shotgun start. After lunch and a rain delay over 110 golfers trudged out to the rain soaked courses to golf in spite of the weather. Many volunteers, golfers, and sponsors stayed to support the event without complaining. After drying off and making a few jokes about course conditions, many golfers either stayed or returned later for the evening reception. This is a real tribute to how special all of you are and how everyone had a good time despite the weather conditions!



Special thanks to our Title Sponsor **Verizon Wireless** for their dedication and support of this outstanding event over the years. **Pat Devlin**, Regional

President, was on hand to greet golfers and to thank many of the people who made an effort to attend. **Billie Huntley**, Marketing Manager from Verizon Wireless accepted the company recognition during our evening program. Throughout the day and evening, many of the volunteers you see are from Verizon Wireless and Verizon. Their support is truly remarkable!

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Present and past golf chairpersons, L-R: Brian Felch, Rhea Lucas, Bill Waller, Liz Waller, and Chuck Dohrman.



This event would not be possible without the gracious generosity of our Corporate Sponsors – both old and new. Your dedicated support assures the Center's continued success in our mission to serve Maryland families.

## 2005 Corporate Sponsors

### Titanium

Glock Smidt Engineering • Senoda

### Platinum

Pro-Tel

### Gold

AFL Network Services • Asurion • Constellation Energy  
D-Link • Force 3 • Freestate Electric Company  
House of Printing • HumanScale • Katolight Corporation  
Innovativ Systems Design • Legg Mason Wood Walker, Inc.  
LG • Morris & Ritchie Assoc./GEO-Technology Assoc.  
Network Building & Consulting, Inc. • Nokia  
Sun Microsystems, Inc. • Sybase • TelCove  
Venable Attorneys at Law

### Silver

GEICO • D&H Builders

### Fairway Recognition

BlackBerry • Harley Davidson of Maryland  
Mid-Atlantic Contracting, Inc. • Wireless Facilities Inc.

### Bronze

Aileen S. Andrew Foundation  
Alan & Amy Meltzer Family Foundation  
Capital Building Maintenance  
Carber-Rambo Associates • M.G. Diamond, Esq.  
Norris, McLaughlin & Marcus, P.A. • Verizon  
Washington Post • Wireless Enterprises, Ltd.

### Friends of The Center

Al Smith Rigging & Fabrication • Cyber Access Control  
InFONXX • Keystone Generators • Joseph Latchum  
Millennium Engineering, P.C. • R&R Mechanical  
Thrush Automotive • United Parcel Service of America

## Evening Reception

Special thanks to this year's Evening Reception Sponsor - **Wireless Zone**. Over the past several years, Wireless Zone has been generous year round supporting the Center for Infant & Child Loss. We were pleased to honor them as this year's Evening Reception Sponsor.



It might have been damp outside but inside folks were having a great time. **Michael Kelley** and trio provided the easy listening jazz music as guests enjoyed the fabulous food Indian Spring prepared. We were pleased that **Alex Cortright, WRNR**, Annapolis MD was able to be Master of Ceremonies again this year even after battling flooding roads and rush hour traffic.

It was amazing that so many people stayed around or returned for the evening event. The mood was jovial with the excitement of the live and silent auctions. Guests were vying for the hottest items this year. Not surprising that the U.S. Open, Masters, Pebble Beach trips and of course the Paul Reed Smith electric guitar had the joint hopping! Thanks goes to our Center Advisory Board member and live auctioneer, **Jonathan Melnick, Melnick Auctioneers**, for changing plans to arrive early to preside over the live auction this year. Special thanks to some of our corporate sponsors who provided many wonderful items this year. **BlackBerry, Capital Building Maintenance Corporation, Human Scale, Katolight Corporation, Nokia and Pro-Tel**. We would also like to recognize the auction committee for their hard work in securing so many wonderful donations and raffle prizes for this year's event.

## Golfers

Although course conditions were not optimal, golfers lightheartedly participated in contests on the courses. The Center would like to acknowledge **Herb Gordon Mercedes Auto Group** of Montgomery Auto Sales Park in Silver Spring for sponsoring the Hole in One Mercedes hole. Unfortunately, it had to be canceled due to weather. Golf winners, competing for 1st, 2nd and 3rd place prizes, were as follows:



### Chief Course

#### 1st place:

Ken Jones, Leon Jones, John Mudd and Utpal Sheth

#### 2nd Place:

Nick Bernardo, Mick Smith and Steve Snider

#### 3rd Place:

Mike Armstrong, Che Phillip, Key Sar and Gibbs Murayama

#### Longest Drive:

Key Sar

### Valley Course

#### 1st Place:

Jeff Bucher, Scott Davis, Kenney Reed and Robert Romps

#### 2nd Place:

Jason Bryant, Ken Colburn, David Dougherty and Woody Woodhall

#### 3rd Place:

Dave Hagar, Steve Rinaldi, Mike Roth and Bill Waller

#### Longest Drive:

Jeff Bucher

**Putting Contest Winner:** Jeff Bucher



# Golf Gallery 1



## Commitment

### Volunteers

This year's phenomenal turnout for volunteers made the event planning trouble free. The golf committee and the Center would like to thank everyone for showing up - even in the rain - or being on stand-by during the day. Your dedication ensured the success of the event and we applaud your efforts!



<b>Margaret Ambrosia</b>	<b>Maribeth Harper</b>	<b>Jennifer Murphy</b>	<b>Erica Smith</b>
<b>Pat Coby</b>	<b>Camilla Hyman</b>	<b>Jackie Jackson</b>	<b>Natasha Smith</b>
<b>Terre Dohrman</b>	<b>Faith Ihnat</b>	<b>Bev Powell</b>	<b>Pat Smith</b>
<b>Oneita Dohrman</b>	<b>Sally Johnston</b>	<b>Nancy Ridgway</b>	<b>Fatimah Steffanoff</b>
<b>Grace-Anne Dohrman</b>	<b>Stephanie Lewis</b>	<b>Erika Robinson</b>	<b>Cora Sutton</b>
<b>Krista Ecker</b>	<b>Kathy O'Brien</b>	<b>Shirley Roper</b>	<b>Valerie Thomspson</b>
<b>Bob Frazer</b>	<b>Heather Kneefe</b>	<b>Margaret Roth</b>	<b>Viveca Thomason-Smith</b>
<b>Janet Freeman</b>	<b>Xina Kojzar</b>	<b>Jeanne Shoemaker</b>	<b>Ted Vickers</b>
<b>Tricia Gotwalt</b>	<b>Paul Kojzar</b>	<b>Mike Shoemaker</b>	<b>Kathy Wicker</b>

### 15th Annual Verizon Wireless-SIDS Golf Committee Members

Thank you to our wonderful group of golf committee volunteers who unselfishly give of their time and talents to assure the success of this event. Many of you may not know that this group of people meet monthly from January through October planning and executing ideas for an entertaining and successful golf outing. Our hats are tipped to all of you and your dedication to the Center!



<b>Rhea Lucas and Brian Felch</b> Committee Co-Chairpersons	<b>Scott Fava</b> - Video Presentation	<b>Andy LaPointe</b> - Golf prizes and Auctions
<b>Ken Harvey</b> - Honorary Chairperson	<b>Billie Huntley</b> - Public Relations	<b>Ellen Motley</b> - Corporate sponsors and Public Relations
<b>Chuck Dohrman, Liz and Bill Waller</b> - Chair Emeriti	<b>Christine Kelley</b> - Evening Stage Manager	<b>Katherine O'Hara</b> - Shirts and Auctions
<b>Anne Cooke</b> - Volunteer Coordinator	<b>Phelps Kelley</b> - Evening Stage Manager	<b>Sally Parker</b> - Auctions
		<b>Tim Parker</b> - Auctions

# *golf gallery 2*



## CENTER FOR INFANT & CHILD LOSS

630 West Fayette Street, Room 5-684

Baltimore, MD 21201-1585

Website: [www.infantandchildloss.org](http://www.infantandchildloss.org)

(800) 808-7437



In partnership with



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Baltimore, MD  
Permit No. 8924

Deadline for  
Remembering  
Our Children Services  
November 20, 2005

RETURN SERVICE REQUESTED

### *Insights Insights Insights*

**THE CENTER FOR INFANT & CHILD LOSS** publishes *Insights* to provide information of interest to those affected by the death of a child and to report CENTER activities. Please contact us if your address has changed or if you no longer wish to receive this newsletter.

#### Program Staff:

Donna C. Becker, RN, MSN  
Jean Edwards, Program Coordinator  
Alice Powell, Events Coordinator  
Mary Le Sueur, Bereavement Counselor

**Affiliation Statement:** The CENTER FOR INFANT & CHILD LOSS is within the Division of Behavioral and Developmental Pediatrics, Department of Pediatrics, University of Maryland School of Medicine. The CENTER works closely with the Maryland State Office of the Chief Medical Examiner and local health departments.

**Funding Statement:** The Maryland State Department of Health and Mental Hygiene, Center for Maternal and Child Health provides grant funds for a portion of the Center's services. Support for this newsletter and other services provided through donations. Please contact us for further information or to ask about sponsoring specific CENTER activities.

**T**he Center's goal is to assist families as they learn to live with the loss of their child and to have hope for the future. Our programs reach out to bereaved families and the community. Center programs foster hope by offering public education, health care provider training, and instruction for emergency responders and others who may provide support.

Each of our four programs is designed to meet individual, family, and community needs. For those families who do experience the sudden death of an infant or child, the Center makes immediate contact to give them available information about the cause of death and support in their grief.

**410/706-5062 or 800/808-7437**

Visit our web site: [www.infantandchildloss.org](http://www.infantandchildloss.org)

### *Center for Infant & Child Loss Advisory Board Members*

**Mary Ann Brizzi**, Advisory Board Chairman, Johns Hopkins Hospital, **Angela Burden**, Baltimore Healthcare Access, **George Carroll**, Senoda, **Chuck Dohrman**, FNMC Mortgage, Past Chairman, **Brian Felch**, SIDS Parent, **David Fowler, M.D.**, Office of the State Medical Examiner, **Sherry Goldman, M.D.**, Parent, **Ronald Gutberlet, M.D.**, Chairman, Department of Pediatrics, Mercy Medical Center, **Ling Li, M.D.**, Office of the State Medical Examiner, **Tonya Logan**, SIDS Parent, **Jonathan Melnick**, Melnick Auctioneers, **Karin Mottus**, Legg Mason Wood Walker, Inc., **Beverly Powell**, Grandparent, **Jocelyn Swanson-Apollon, M.D., MPH**, Constellation Energy